

Nms103
5 credits

Psychosocial context
of

CHOTAB

15-04-14

1st Y 1st Semester

Health at all times.

Psychology is the scientific study of behaviour.
mental processes. Behaviour includes all of our
outward, ~~upst~~, mental processes refer to internal or
To prove it make a research - evidence based.
practice - Research based - Initially a training
episode - a blood sample is taken then analysed -
identifying what hormones are at work, proteins

In 1986 Virginia Henderson cited Siviter (2004)
stated that: 'Nursing is primarily assisting the
individual in the performance of those

Definition

Health is derived from whole, hale and healthy

depression

mood
swings.